Primary pulmonary adenocarcinoma with an unusual molecular profile of the \textit{EGFR} gene at initial presentation

CAP TODAY and the Association for Molecular Pathology have teamed up to bring molecular case reports to \textit{CAP TODAY} readers. AMP members write the reports using clinical cases from their own practices that show molecular testing’s important role in diagnosis, prognosis, and treatment. The following report comes from the University of Massachusetts Medical School-Baystate, Springfield. If you would like to submit a case report, please send an email to the AMP at amp@amp.org. For more information about the AMP and all previously published case reports, visit www.amp.org.

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Lung cancer is the leading cause of cancer-related deaths worldwide. Non-small cell lung carcinoma, consisting of adenocarcinoma and squamous cell carcinoma, makes up about 80 percent of lung cancers and occurs most commonly in smokers. In the past decade, much progress has been made in the molecular profiling of lung cancer. This research has led to the development of several effective targeted therapies, especially against certain \textit{EGFR} mutations and rearrangements of the \textit{ALK} and \textit{ROS} genes in adenocarcinomas. Among adenocarcinomas arising in smokers, \textit{KRAS} mutations are most commonly detected, occurring in up to 45 percent of cases. Unfortunately, the development of targeted therapies against \textit{KRAS} mutations has thus far been hampered by toxicity, though additional clinical trials are ongoing. In adenocarcinomas, mutations affecting the tyrosine kinase activity of the epidermal growth factor receptor (EGFR) gene are detected in 10 to 60 percent of patients, depending on gender, ethnicity, and smoking status. Mutations in the \textit{EGFR} gene are generally mutually exclusive with \textit{KRAS} mutations. Deletions in exon 19 and the L858R point mutation in exon 21 are the most common \textit{EGFR} mutations, accounting for up to 90 percent overall.

Currently, there are several FDA-approved first-generation tyrosine kinase inhibitors (TKI, e.g. gefitinib and erlotinib) that target these two sensitizing mutations when present. Other \textit{EGFR} mutations such as G719X, S768I, L861Q, and exon 20 insertions are less commonly detected, accounting for most of the remaining 10 percent of \textit{EGFR} mutations. Some, but not all, of these less common mutations confer variable sensitivity to first-generation TKIs. An additional mutation of \textit{EGFR}, T790M, is detected primarily in tumors with a previous sensitizing mutation after treatment with TKIs. The T790M mutation is detected in more than half of all cases in which acquired resistance to TKIs develops post-treatment but in only a few percent of untreated tumors. A third-generation TKI, osimertinib, is FDA approved as targeted therapy against the T790M mutation in the \textit{EGFR} gene.

Here, we present a case of a newly diagnosed pulmonary adenocarcinoma with an unusual molecular profile.

\textbf{Case.} A 69-year-old Caucasian man presented to the emergency department at our institution with worsening shortness of breath. His past medical history is significant for severe chronic obstructive pulmonary disease with a remote 50-pack-per-year smoking history and a past myocardial infarction. Notably, his father and brother died of lung cancer. His laboratory results were non-contributory. A CT scan of the chest showed multiple bilateral pulmonary spiculated nodules ranging in size from a few millimeters to more than 3 cm. A PET scan demonstrated increased metabolic activity of several of the nodules worrisome for neoplasia. Tissue sampling was recommended. The patient then underwent a right upper lobectomy and mediastinal lymphadenectomy.

\textbf{Pathology.} Histologic examination showed a moderately differentiated adenocarcinoma, acinar predominant
with peripheral lepidic growth (Fig. 1). The tumor measured grossly 2.5 x 2.0 x 1.0 cm, and it extended to but did not invade the visceral pleural. The bronchial, vascular, and parenchymal margins were free of tumor. Lymphatic vessel invasion was identified (Fig. 2) but the 10 lymph nodes examined were negative. Staging was pT1b pN0.

**Molecular.** EGFR mutation analysis indicated that the tumor cells were positive for the L861Q point mutation in exon 21 and for the T790M point mutation in exon 20. KRAS mutational analysis was negative. Testing of a section of normal lung tissue showed positivity for the T790M mutation but was negative for L861Q. All testing was performed using FDA-approved methods.

**Discussion.** Despite the fact that KRAS mutations are much more commonly detected in pulmonary adenocarcinomas in smokers and EGFR mutations are more common in nonsmokers, the patient presented here had a wild-type KRAS but had a combination of two relatively rare mutations in the EGFR gene. The L861Q mutation makes up approximately two percent of all EGFR mutations whereas the T790M mutation is seen less than five percent of the time in the primary untreated tumor. Generally, when the T790M is detected in untreated patients, it almost always occurs in combination with a sensitizing mutation. The L861Q mutation is generally considered to be at least partially sensitizing to TKIs, though the agents currently available are not FDA approved for this mutation due to its rarity in the original clinical trial studies.

Classically, the T790M mutation arises only after treatment with first-line TKI of a tumor with an initial sensitizing mutation, accounting for 50 to 65 percent of acquired resistance. After development of the T790M mutation, the patients are then eligible for treatment with a third-generation TKI, with osimertinib currently the only FDA-approved therapy. Thus, the patient presented here had at initial diagnosis both a partially sensitizing and a resistance-conferring mutation in the EGFR gene and would not be expected to respond to first-generation TKI therapy. However, there is recent evidence that patients with initial pretreatment T790M mutations may respond to third-generation TKIs as first-line therapy, though they are not currently FDA approved for this purpose.

Although the patient has remaining unresected lesions in his lungs, he does not currently have known metastatic disease. Thus, he will be treated with active surveillance at this time. If the cancer does later present with metastasis, he will be offered treatment with a third-generation TKI as first-line therapy. Interestingly, in about half of patients with baseline T790M mutations in their lung cancer, the T790M may be present as an underlying germline mutation and result in a rare lung cancer hereditary syndrome, with an estimated 30 percent lifetime risk for developing lung cancer. Testing of normal lung tissue, which contained the T790M mutation but not the L861Q, provides evidence that the T790M mutation is likely germline in this patient. Genetic counseling and confirmatory peripheral blood-based germline EGFR mutation testing will be offered to the patient, especially given his positive family history of lung cancer.

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Test yourself

Here are three questions taken from the case report. Answers are online now at www.amp.org/casereviews and will be published next month in CAP TODAY.

1. Precision therapeutic agents are currently FDA approved for lung adenocarcinomas possessing certain mutations/rearrangements in which of the following genes?
   a) KRAS
   b) EGFR
   c) ALK
   d) a and b
   e) b and c

2. Approximately 90 percent of EGFR mutations include:
   a) L861Q and G719X
   b) T790M and L858R
   c) Exon 19 deletions
   d) L858R and exon 19 deletions
   e) S7681

3. T790M mutations of the EGFR gene:
   a) are seen only after initial treatment.
   b) can be treated with osimertinib.
   c) have only prognostic significance.
   d) may exist as a germline mutation associated with hereditary lung cancer.
   e) b and d